

# Conference with spa



A successful meeting has long lasting effects. We at Camp Ripan wish to create the conditions for those effects. Here you and your colleagues will find an establishment where you are comfortable and able to be inspired by not only the countryside but also the people who stand ready to move an entire city.

Camp Ripan is a family-owned business with year round activities. Being eco-friendly is something we take to heart and our operations are based on long-term sustainable environmental work. Our kitchen uses locally produced raw materials and organic products, in our food as well as for our conference cakes and sandwiches.



## Welcome to feeling great with us!

### DAY 1

**08.00–15.00** Conference including mid-morning coffee break, served two-course lunch and afternoon coffee break.

**15.00–18.00** Entrance to Aurora Spa including spa bucket.

Treat yourself to an unusual and relaxing self-treatment!

Massage your face and hands with an exhilarating coffee scrub, let your feet unwind in a foot bath with juniper berries and lemon while being massaged by iron pellets. Exfoliate with a scrub made from delicate spring birch leaves, followed up by moisturizing canola body oil scented with pine oil. The spa bucket contains products whose roots can be found in older Swedish, Sami and Torne Valley medicinal traditions. All products are made from natural raw products and are completely free from preservatives.

**18.30** Three course dinner at Restaurant Ripan.

### DAY 2

**08.00–13.00** Conference including mid-morning coffee break and served two-course lunch.

After lunch, you can choose to finish your conference stay with us or complement with afternoon teambuilding activities to further strengthen your group. After the teambuilding, round off the conference with a great dinner in our restaurant.

**13.00–16.00** The teambuilding activities are lead by certified adventure guides who all have long experience in arranging your adventure. The activities are held outdoors.

**17.30** Three course dinner at Restaurant Ripan.

### 1½-DAY CONFERENCE (day 1 - lunch day 2)

**Price:** 1 800 SEK (incl. VAT)/person  
1 581 SEK (excl. VAT)/person

### 2-DAY CONFERENCE (day 1 - dinner day 2)

**Price:** 2 480 SEK (incl. VAT)/person  
2 162 SEK (excl. VAT)/person

**Prices include:** conference facility, internet connection, projector, whiteboard, flip board, note pads and pens, water, assorted fresh and dried fruits.

**The prices are calculated for conference groups of 5–10 people.**

These conference packages are merely suggestions. Naturally, we are more than happy to tailor your conference according to what your company needs.

You can even choose to stay in hotel-standard cabins. Through us, you can also book a wide offering of other activities available in the area. Learn more about our accommodations and activities at: [www.ripan.se](http://www.ripan.se)

